

When measuring your shirt for chest or bust sizes, lay the shirt flat and measure 1 inch down from the armpits from side to side. Remember to double this number to get your chest or bust size to compare to the charts. None of the numbers in the charts need to be doubled

When measuring sleeves, measure from the highest point of the shoulder down to the tip of the sleeve. Last when you measure the length, measure from the highest point of the shoulder to the bottom of the shirt.

The sizing charts are as follows:

Gildan T-shirt Short Sleeve

Men's Sizing							
SIZE	Small	Medium	Large	XL	2XL	3XL	
CHEST	36	40	44	48	52	56	
LENGTH	28	29	30	31	32	33	

Women's Sizing						
SIZE	Small	Medium	Large	XL	2XL	3XL
CHEST	34 1/2	38 1/2	42 1/2	46 1/2	50 1/2	54 1/2
LENGTH	25 1/2	26	27	28	28 1/2	29

Gildan T-shirts Long Sleeve -unisex/adult

Unisex/Adult Sizing							
SIZE	Small	Medium	Large	XL	2XL	3XL	
CHEST	36	40	44	48	52	56	
LENGTH	28	29	30	31	32	33	
SLEEVE	33 1/2	35	36 1/2	38	39 1/2	39 1/2	

Gildan Hooded Sweatshirt -unisex/adult

Unisex/Adult Sizing							
SIZE	Small	Medium	Large	XL	2XL	3XL	
CHEST	40	44	48	52	56	60	
LENGTH	27	28	29	30	31	32	
SLEEVE	33 1/2	34 1/2	35 1/2	36 1/2	37 1/2	38 1/2	

